January 12, 2017

Dear Fremont Union High School District Community Member,

In January 2016, the Community Taskforce for Student Wellness was formed. Its members, including students, parents, community members, teachers, staff and administrators, have been meeting monthly to discuss persistent concerns regarding students’ sleep deprivation, school-life balance (i.e. extra-curricular activities, homework), and wellness (i.e. physical, intellectual, emotional, social and spiritual balance).

Having looked deeper into these issues that many of our students struggle with, the Taskforce is looking forward to expanding the engagement process by adding more parents, teachers and staff to explore implementation issues and solutions in each of these areas, starting with the desire on the part of a number of students, parents, teachers and staff to address the sleep issue by having our high schools start later in the morning. This application is intended only for parents and community members, as the selection of additional teachers and staff is being coordinated through the District’s professional associations.

As there are already parents/community members on the Taskforce either strongly in favor of or open to the idea of later school start, it is highly desirable to add to the Taskforce several new members who feel reluctant to support or might even be opposed to such changes, who can provide more diverse perspectives that can help the Taskforce generate stronger, more effective and sustainable solutions for this issue.

The Taskforce meets at the District Office, located at 589 W. Fremont Avenue in Sunnyvale, from 3:30 p.m. to 5:30 p.m. on the following Mondays:

- February 6, 2017
- February 13, 2017
- February 27, 2017
- March 6, 2017
- March 20, 2017
- April 3, 2017
- April 24, 2017
- May 8, 2017
- May 22, 2017

Applications from people who are interested in joining the Taskforce are now being accepted and community members and parents of FUHSD students (current and future) are encouraged to apply. Applications can be submitted in any of the following three ways, and must be received by 5 p.m. on Monday, January 23, 2017:

- By email to wellness_taskforce@fuhsd.org;
- By efax to 650-745-2804; or
- By mail to Trudy Gross, FUHSD Assistant Superintendent, 589 W. Fremont Avenue, Sunnyvale, CA 94087

Please feel free to contact me at trudy_gross@fuhsd.org with any questions you may have about the application process.

Sincerely,

Trudy Gross
Assistant Superintendent
Application for Community Taskforce for Student Wellness

Name: ________________________________________________________________

Street address: ___________________________ City: ___________________ Zip Code: __________

Cell phone: ___________________________ Email address: ___________________________

Do you live in the FUHSD attendance area? Yes _____ No ______ If so, please list the high school attendance area in which you live: ________________________________________________________________

If you have a child or children, please list their name, grade and the school that they attend:

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

Please list past and current voluntary activities, roles and leadership positions that you have held in local schools:

______________________________________________________________________________

______________________________________________________________________________

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______________________________________________________________________________

______________________________________________________________________________

Please share your reasons for applying to the Taskforce, and how you will be a contributor to the Taskforce:

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

Please answer the following questions:

1. Do you care about the wellness of all of our high school students? Yes ____ No ____

2. While you might be passionate about your opinions, do you commit to be open-minded to facts and verifiable information? Yes ____ No ____

3. As changes to bell schedules are complex issues, are you willing to seek win-win or compromise solutions with other members of the Taskforce? Yes ____ No ____

4. List dates of meetings you will NOT be able to attend: ________________________________________________________________